

**TRADITIONAL JAPANESE REIKI
DOCUMENTATION OF SHODEN PRACTICE REIKI SESSION**

Student Practitioner Name: _____ **Date:** _____

- After class and prior to graduation, **students must complete and submit 10 documented 'Hands-on' Practice Reiki sessions** in order to receive Shoden degree certification.
- **Eligible Practice Reiki Session recipients** may include but are not limited to self-treatments, adults, children, pets, animals and/or nature, however sessions must be **10 varied, separate sessions**, and performed on **10 varied, separate recipients** – *in other words, only one session per person/subject may be submitted.*
- Practice Sessions are to be performed outside of class and submitted to the Instructor within the approximate 6 week timeframe between class and graduation/certification.
- See '**Documented Sessions Guidelines**' for more details on criteria.
- **Forms and Guidelines** are available for download at traditionaljapanesereiki.com/Class-Forms
- **Mail completed forms to:** Traditional Japanese Reiki, PO Box 1160, Colfax, CA 95713

Client Name/Subject: _____ **Session Length:** _____

Reason for Session: _____ Relaxation and Stress Reduction _____ Specific Issue:

Physical: _____

Emotional: _____

Mental/Spiritual: _____

Practitioner Observation/Scan before Reiki Session: _____

Practitioner Observations/Comments after Reiki Session: _____

Recipient Session Feedback/Comments *(if any, comments may be written or verbal - paw prints allowed):*

(Use reverse side of paper if necessary)